

MDS World Awareness Day
October 25



Does your partner **bruise easier** than normal?

Bruising easily is one of the signs of MDS - myelodysplastic syndromes, a group of rare blood cancers.

In MDS, low levels of healthy blood cells can result in:

- Excessive bruising following minor injuries
- Nosebleeds
- Gum bleeds
- Pinpoint-sized red spots under the skin

A healthcare provider can carry out a complete blood count to see if further action is required. So, if your partner bruises easier than normal don't let them ignore it. Tell them to visit a healthcare provider to get a blood count.



Get a #BloodCount