

MDS World Awareness Day
October 25



Is your loved one more **fatigued** than normal?

Fatigue is one of the signs of MDS - myelodysplastic syndromes, a group of rare blood cancers most seen in adults over the age of 70.

Fatigue, caused by low red blood cell counts, can result in patients reporting:

- Excessive tiredness
- Lack of energy
- Muscle weakness

These symptoms can be mistaken for general signs of ageing. A healthcare provider can carry out a complete blood count to see if further action is required. So, if your loved one reports feeling tired all the time and lacking in energy, don't let them put it down to ageing. Tell them to visit a healthcare provider to get a blood count.



Get a #BloodCount