

LET'S TALK
ABOUT
BLOOD
CANCER

What is MDS?

Myelodysplastic syndromes (MDS) are a group of rare blood cancers where you don't have enough healthy blood cells. It's also known as myelodysplasia. There are many different types of MDS. Some types can stay mild for years and others are more serious.

What are the symptoms?

Symptoms will depend on the type of MDS you have. For most people, symptoms are mild at first and slowly get worse. They can include:

Weakness, tiredness and occasional breathlessness

Frequent infections

Bruising and bleeding easily, such as nosebleeds



Help us raise awareness around MDS
mds-alliance.org